

Tension, Suspense and Mystery Word Mat

cautiously

suddenly

horror

held his/
her breath

from the
shadows...

unexpectedly

silently

out of the corner of his/
her eye...

in a heart
stopping moment...

unease

nervously

distress

trick of the
imagination...

panic

dread

without hesitation...

fright

shudder

cold sweat

in alarm...

ice cold draught

all of a sudden...

tremble

